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What is claimed is:

1. Computer executable software and device for guiding brain activity training comprising:

logic which takes data corresponding to activity measurements of one or more internal voxels of a brain and determines one or more members of the group consisting of: a) what next stimulus to communicate to the subject, b) what next behavior to instruct the subject to perform, c) when a subject is to be exposed to a next stimulus, d) when the subject is to perform a next behavior, e) one or more activity metrics computed from the measured activity, f) a spatial pattern computed from the measured activity, g) a location of a region of interest computed from the measured activity, h) performance targets that a subject is to achieve computed from the measured activity, i) a performance measure of a subject's success computed from the measured activity, j) a subject's position relative to an activity measurement instrument; and

logic for communicating information based on the determinations to the subject in substantially real time relative to when the activity is measured.

- 2. The software and device according to claim 1 wherein measuring brain activity is performed by fMRI.
- 3. The software and device according to claim 1 wherein the determinations are made in less than 10 seconds relative to when the activity is measured.
- 4. The software and device according to claim 1 wherein the determinations are made in less than 1 second relative to when the activity is measured.
- 5. The software and device according to claim 1 wherein the determinations are made in less than 0.5 second relative to when the activity is measured.
- 6. The software and device according to claim 1 wherein the information is determined while the instrument used for measurement remains positioned about the subject.
 - 7. The software and device according to claim 1 wherein the activity

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- 2 measurements are made using a device capable of taking measurements from one or more
- 3 internal voxels without substantial contamination of the measurements by activity from
- 4 regions intervening between the internal voxels being measured and where the measurement
- 5 apparatus collects the data.
- 1 8. The software and device according to claim 1 wherein measurements are made
- 2 from at least 100 separate internal voxels, and these measurements are made at a rate of at
- 3 least once every five seconds.
 - 9. The software and device according to claim 1 wherein measurements are made from a set of separate internal voxels corresponding to a scan volume including the entire brain.
 - 10. The software and device according to claim 1 wherein the size of the internal voxels have a total three dimensional volume of 5x5x5cm or less.
 - 11. The software and device according to claim 1 wherein the size of the internal voxels have a total three dimensional volume of 1x1x1cm or less.
 - 12. The software and device according to claim 1 wherein the software further comprises logic for selecting one or more of the internal voxels to correspond to a region of interest for the subject and using the selected internal voxels of the region of interest to make the one or more determinations.
 - 13. The software and device according to claim 1 wherein the information is communicated by a manner selected from the group consisting of providing audio to the subject, providing tactile stimuli to the subject, providing a smell to the subject, displaying an image to the subject.
 - 14. The software and device according to claim 1 wherein the information communicated is an instruction to the subject.
- 1 15. The software and device according to claim 14 wherein the instruction is a text 2 or iconic indication denoting an action that a subject is to perform.

1	16.	The software and device according to claim 14 wherein the instruction
2	identifies a task to be performed by the subject.	

- 1 17. The software and device according to claim 14 wherein the instruction is 2 determined by computer executable logic.
- 1 18. The software and device according to claim 17 wherein the instruction 2 communicated is selected from a set of instructions stored in memory, the selection being 3 based upon the brain activity measured.
 - 19. The software and device according to claim 1 wherein some of the information communicated to the subject is material to be learned.
 - 20. A method comprising:
 - (a) measuring activity of one or more internal voxels of a brain;
 - (b) communicating instructions to a subject derived from that measured activity in substantially real time relative to when the behavior is performed; and
 - (c) having the subject perform a behavior in response to receiving the instructions.
 - 21. A method according to claim 20 wherein measuring brain activity is performed by fMRI.
- 1 22. A method according to claim 20 wherein measurements are made from at least 2 100 separate voxels.
- 1 23. A method according to claim 20 wherein the instructions are derived through a 2 computer executable logic process of selecting from a set of possible instructions based upon 3 the brain activity measured.
- 24. A computer assisted method comprising:
 measuring activity of one or more interior volumes of a brain;
 employing computer executable logic that takes the measured brain activity and
 determines information to communicate to the subject; and
- 5 communicating the determined information to the subject;

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wherein the determined information is communicated to the subject in substantial
real time relative to when the activity is measured.

- 25. A method according to claim 24, wherein computer executable logic is emplyed to cause the information to be communicated to the subject.
 - 26. Computer executable software, the software comprising:

logic for taking activity measurements of one or more localized brain regions as a behavior is performed; and

logic for communicating information to the subject based on the measured brain activity in substantially real time relative to when the behavior is performed; wherein the logic takes new activity measurements as they are received and communicates new information based on the new activity measurements.